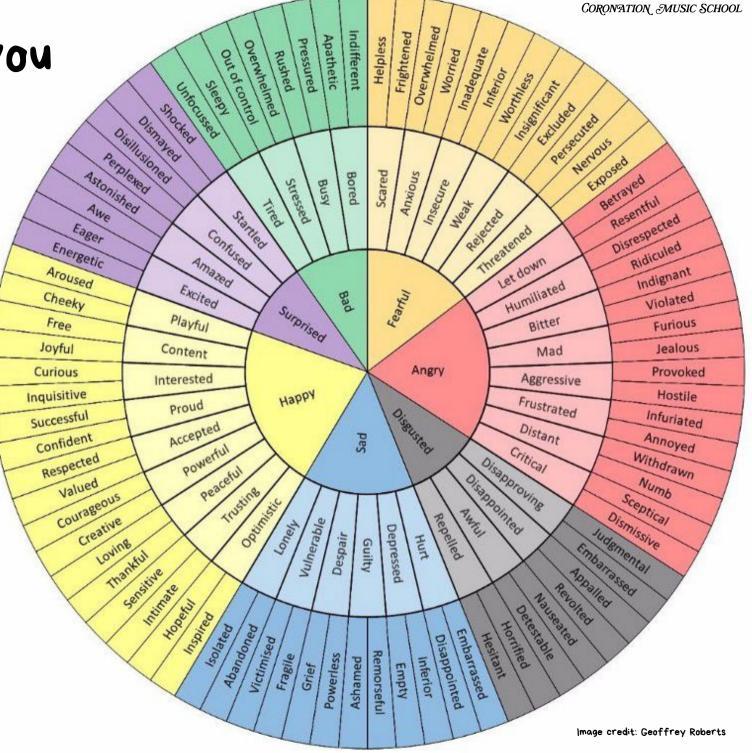
How are you feeling?

- Find your core emotions
- Understand them and make connections with your situations
- Take actions to address them



What is the music feeling?

 How do emotions and music relate?

 How do the emotions change throughout the music?

 How can we translate these emotions into our playing and music making?

